

# User Instructions

## M48192 - 2 in 1 Bed Rail Mk2

### Important General Safety Warning

Please ensure these instructions are fully read and implemented. Failure to do so may result in injury. Retain these instructions in a safe place for future reference.

Maximum  
User Weight



UK PATENT 2429148

### 1.0 Intended Use

The 2 in 1 Bed Rail provides stable support to assist clients getting into, and out of, bed. When in bed, the Bed Rail can be used to assist raising to a sitting position or repositioning when lying.

Designed for use with divan beds (except sprung divan base), most slatted domestic beds, and is suitable for all bed sizes from single to king-size. It can also be fitted to super king-size beds with additional straps (see back page for details). Not suitable for profiling beds.

### 2.0 Safety

2.1 **WARNING** To avoid possible head entrapment, position the Bed Rail at least 320mm (12.5") away from both headboard and footboard. See diagram.

2.2 **ALWAYS** ensure that the mattress is as close as possible to the Bed Rail. Any gap could allow the client to become wedged in-between.

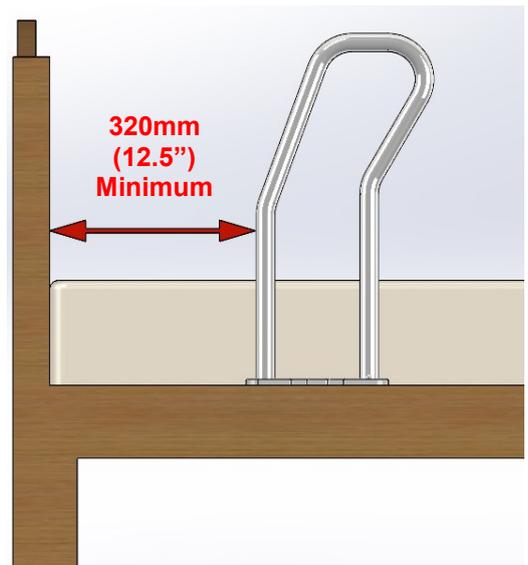
2.3 **DO NOT** exceed product Maximum User weight: 160kg (25st)

2.4 Always use the Securing Straps provided when fitting to a divan bed.

2.5 Regularly check the straps are tight and the device is stable and firmly fitted.

2.6 Not suitable for use by children.

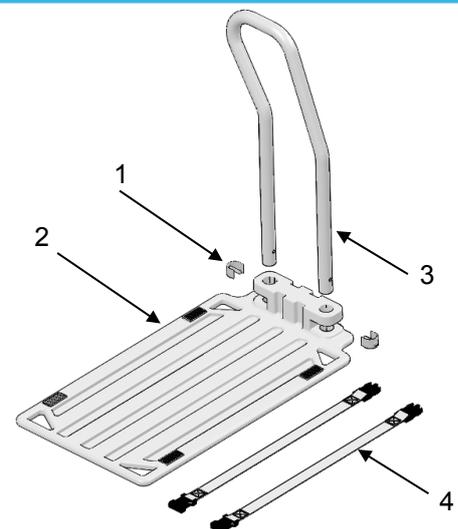
2.7 Do not fit this product to profiling beds or sprung divan beds. NRS Healthcare have a range of products for these applications, please refer to our website, or contact our helpline.



### 3.0 Unpacking

Carefully unpack the product. Check all parts are present (see Contents List). Check for damage. If you see, or suspect a fault, do not assemble or use the product. Contact your supplier immediately.

ITEM	CONTENTS	QTY
1	E-Clip	2
2	Bed Rail Board	1
3	Hand rail	1
4	Bed Straps	2



#### 4.0 Installation Instructions - Slatted Bed with fixed slats:

4.1 Remove the mattress and place the Bed Rail Board inside the wooden bed frame. Ensure that the Hand Rail Guide is positioned upwards (see Diag.1).

4.2 Place the Hand Rail into the Hand Rail Guide. **Please Note, the hand rail can be installed so the angled part of the handle is facing towards or away from the user, depending on their needs.** Secure in position with the two e-clips (see Diag.1).

4.3 Position the Bed Rail such that the user can reach the handle from a relaxed lying position without having to stretch. *For the safety of the user, this must be at least 320mm away from the headboard or footboard.*

Secure the Bed Rail to the bed with the straps provided:

4.4 Thread one end of the strap (with female buckle) from under the bed up around the bed slat, through the triangular slot on side "A" of the Bed Rail Board and back under the bed past the slat (see Diag.2).

4.5 Repeat step 4.4 using the other end of the strap (with male buckle) through the opposite triangular slot on side "B" of the Bed Rail board (see Diag.3).

4.6 Pull both buckles so they meet in the middle on the underside of the bed and clip together (see Diag. 4). Pull the loose end of the strap to tighten. Tuck away any loose strap ends to prevent tripping.

4.7 Repeat the procedure for the second strap at the bottom of the Bed Rail Board (see Diag.3).

4.8 Replace the mattress. Check the rail is stable and secure before use.

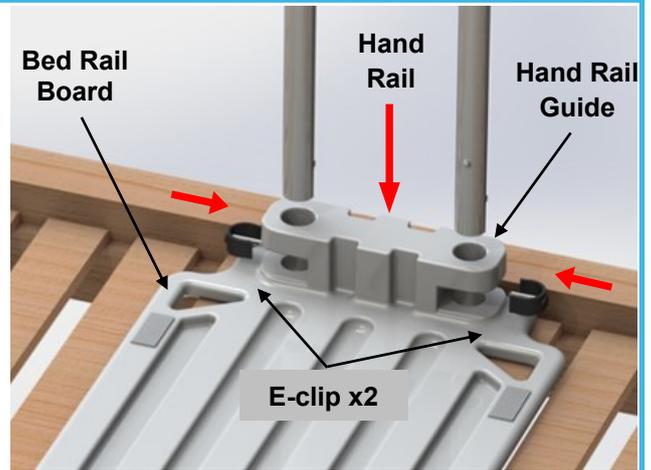


Diagram. 1

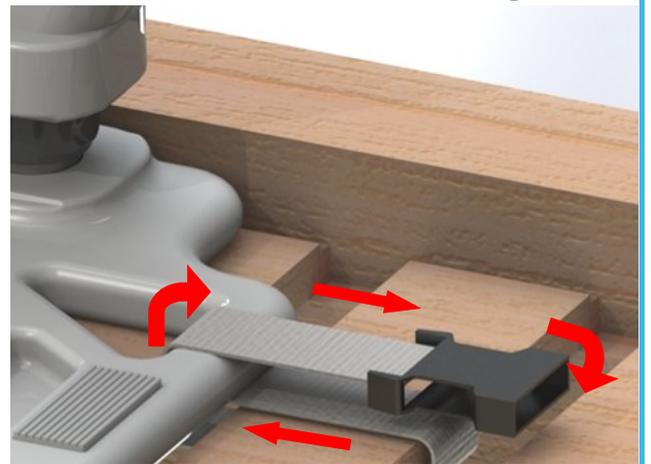


Diagram. 2

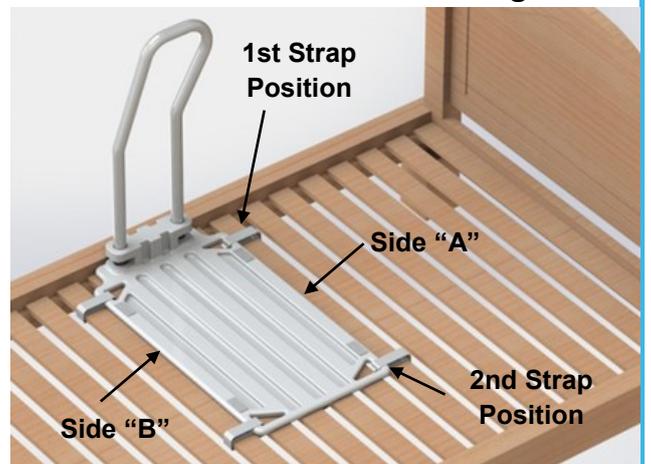


Diagram. 3

#### 5.0 Installation Instructions - Slatted Bed with loose slats:

For beds where the slats are not individually secured to the bed frame, **do not** use the fixing straps.

5.1 Assemble the Bed Rail as shown in Diagram 1 above.

5.2 To provide additional security, we recommend placing a non-slip mat between the Bed Rail and the slats (see back page for details).

5.3 Replace the mattress. Check that the Bed Rail is stable and secure before use.

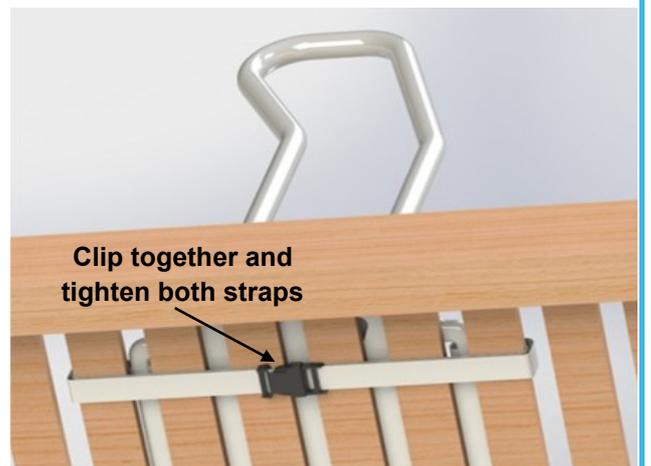


Diagram. 4

## 6.0 Installation Instructions – Divan Bed

6.1 Remove the mattress and place the Bed Rail Board onto the divan base in the desired position. Ensure that the Hand Rail Guide is positioned downwards over the edge of the divan (see Diag.5).

6.2 Place the Hand Rail into the Hand Rail Guide. **Please Note: the hand rail can be rotated so the angled part of the handle is facing towards or away from the user, depending on their needs.** Secure in position with the two e-clips.

6.3 Position the Bed Rail such that the user can reach the handle from a relaxed lying position without having to stretch. *For the safety of the user, this must be at least 320mm away from the headboard or footboard.*

To secure the Bed Rail to the divan bed with the straps provided, as follows:

6.4 Take the first strap. Place the female buckle through one of the triangular slots near the Hand Rail (A) and tie a secure knot. The buckle should hang down the side of the bed around 50-75mm (2-3 inches) (see Diag.6).

6.5 Feed the strap under the bed-rail board and up through the rear triangular slot (B), loop it round the end of the bed board and back through the slot (B) (see Diag.6). The strap should be tight under the bed-rail board, and the bed-rail board should not slide on the strap.

6.6 Feed the strap over the top of the bed and back underneath the base (see Diag.7). To fit the strap under the divan base, take the strap to the end of the divan base, lift up the end of the divan base and feed the strap underneath the legs / castors.

6.7 Once the strap is underneath the divan base, bring the male buckle up the side of the bed to meet the female buckle hanging down.

6.8 Clip the two ends of the strap together.

6.9 Pull down on the loose end of the strap to tighten. The Bed Rail Base should be tight against the divan base. Tuck the loose end of the straps under the bed to prevent tripping.

6.10 Repeat for the second strap, fitting to the other side of the Bed Rail Board. The Bed Rail should now be fully secured to the divan base (see Diag.7).

6.11 Replace the mattress. Check the Bed Rail is stable and secure before use.

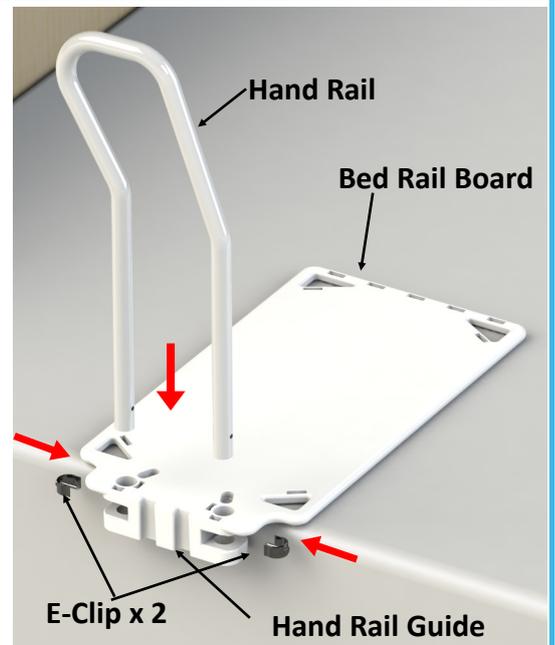


Diagram. 5

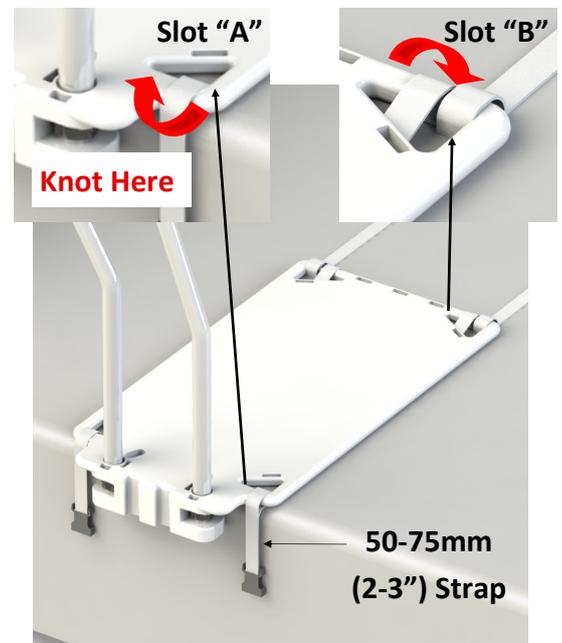


Diagram. 6

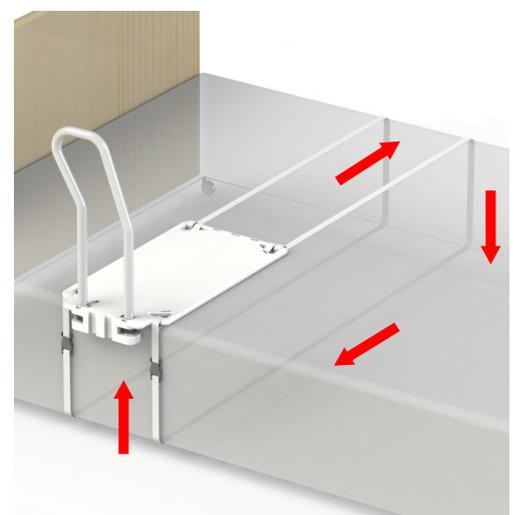


Diagram. 7

## **7.0 Changing the Bedding**

If required, the Hand Rail may be removed from the Bed Rail Base when changing the bedding. Simply remove the two e-clips and remove the Hand Rail. To replace, re-fit and replace the e-clips (see section 4.2 or 6.2).

## **8.0 Cleaning**

8.1 Wipe product clean with a soft cloth, moistened with warm soapy water. Ensure product is rinsed and dried fully before storage or re-fitting.

8.2 A dilute bleach solution may be used for disinfection on the Bed Rail Base and Hand Rail but not the straps.

8.3 Caution: Do not use abrasive cleaners or cloths to clean or dry any surfaces.

## **9.0 Maintenance**

9.1 Check regularly for signs of wear or damage.

9.2 Remove from use immediately if there are any signs of wear and damage or if the Hand Rail is excessively loose in the Bed Rail Base.

9.3 Check that all fixing straps are tight and the Bed Rail is correctly positioned.

9.4 Check there is no gap between the Hand Rail and the mattress.

9.5 Check both E-clips are fitted correctly and are secure.

## **10.0 Spare Parts & Accessories**

- L75930 - 2in1 Bedrail Strap
- M84780 - Slip Resistant Netting (white)

## **11.0 Product Disposal**

Product should be thoroughly cleaned prior to disposal.

Product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

## **12.0 Product Guarantee**

NRS Healthcare guarantee this product for a period of 12 months, from the date of purchase, against faulty materials and workmanship. This guarantee does not cover abuse, misuse, interference or tampering with any part of the product.

Any guarantee issued by NRS Healthcare does not affect your statutory rights.

### **NRS HEALTHCARE**

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**[www.nrshealthcare.co.uk](http://www.nrshealthcare.co.uk)**

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